

## ABSTRACT OF THE DISCLOSURE

Anti-staling compositions and bakery products including the anti-staling compositions. The bakery products comprise a sterol and/or stanol ester of fatty acids and an emulsifier selected from the group of calcium stearoyl lactylate, sodium stearoyl lactylate, glycerol monostearate, sodium stearoyl fumarate, succinilated monoglyceride, ethoxylated mono- and diglycerides, diacetyl tartaric acid esters of mono- and diglycerides, polyglycerol esters, propylene glycol monoesters, polyglycerolesters, sorbitan esters or polysorbates, lecithin or a combination thereof, wherein the weight ratio of the emulsifier to sterol ester or stanol ester or the combination thereof is between 1 to 1 and 1 to 50. The bakery products are softer and less prone to staling.